

HIFEM[®] FOR MALE URINARY INCONTINENCE

HIFEM PROCEDURE ENHANCES QUALITY OF LIFE OF ELDERLY MEN WITH POST-PROSTATECTOMY INCONTINENCE

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HIGHLIGHTS

- Post-prostatectomy incontinence (PPI) is a commonly reported side effect of the radical prostatectomy with prevalence reaching up to 60%^a.
- HIFEM procedure significantly **enhanced quality of life** of men with PPI.
- **All subjects** achieved **improvement** after six HIFEM treatments.
- In general, subjects were **less limited** in their social life, daily activities, physical activities and reported improvement in sleep quality.
- Average pad usage was reduced by **1.0 pad/day**.

DESIGN AND METHODOLOGY

- Ten **elderly men** (72.9±3.9 years) with a recent history of **radical prostatectomy** accompanied with PPI were recruited.
- They underwent six HIFEM treatments scheduled twice a week for three weeks.
- Subject's **Quality of Life** (QOL) was assessed by King's Health Questionnaire (KHQ) at baseline and post-treatment; 1 and 3-month follow-up were optional.
- 24-hour **Pad Usage** questionnaire was used to identify any changes in the frequency of wearing absorbent pads.
- **Adverse events** were monitored throughout the study.

^aAnderson CA, Omar MI, Campbell SE, Hunter KF, Cody JD, Glazener CM. Conservative management for postprostatectomy urinary incontinence. Cochrane Incontinence Group, ed. Cochrane Database Syst Rev. Published online January 20, 2015